EARLY START ECD CENTER NAKURU



SECOND TERM, ANOTHER CHAPTER CLOSED

As the term draws to a close, we appreciate and acknowledge the efforts of the parents, teachers, staff and stakeholders in ensuring that the term was a success. Another term for the teachers to familiarise themselves with the children and to try implement our values and mission to the children. As we continue to grow and learn from our shared experiences, we hope to positively impact the next generation with the skills to combat life

with and be role models.

So what next?

We plan to avail scholarship forms for those with need to apply for. It is Early Start Africa's mission to provide quality care and education for all children and through scholarship financing, children who would otherwise not have had the chance to access it will be given one to build and nurture themselves.

Term Highlights

IULY 2024 NEWSLE



Sport Day

On July 12th, we had our first sports day and it was quite the event. All the children came to play and the staff was just as eager. With the balloons, songs and games like sack race, we are sure all the children had fun.

International Day of Play.

With play being a key value in our organization and the early childhood space in general, we successfully celebrated the day on June 11th. This was commemorated with a walk around the Free Area and games inside the school with learning being halted for the day and parents, staff and children participating.





This term, our children have shown significant progress in language development, physical fitness, socialemotional growth, and spiritual understanding. Activities like storytelling, songs, games, and Bible stories have enhanced their vocabulary, motor skills, cooperation, emotional awareness, and appreciation for prayers. These positive changes highlight their holistic growth this term.



We are excited to continue with the work we are doing in the coming days. We hope that even more children will join and have their lives changed for the better. For this, we ask for all of your continued support to actualize our dream!





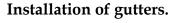
Learning through environment.

With positive early childhood development being our major focus, we believe that out of class stimulation is important for growth of the children. With this in mind, our children visit the game park every Friday not only to experience nature but also build physical strength.





We believe that for a school to run properly, the parents and staff have to have fostered a healthy relationship to build on. With this, our teachers visited homes during the April holidays to discuss affairs of the upcoming term as well as see how the children were faring. Unfortunately, one of the children fell sick which warranted an in- term visit together with the playgroup teacher just to wish her well. The classmates also made a get- well soon card.



A child friendly environment is paramount for the development of children. With the rainy season causing stagnant water to fill the compound, we installed gutters around the school to harvest the water and prevent accumulation of water on the ground.



THE POWER OF PLAY

Not enough emphasis has been placed on play in this current day and age. We believe that play should be present for children during their developmental years and all throughout as well. Here are a few ways you can incorporate it in your day to day lives with children of all ages:

0-6 months- You can start smiling to your child and have them smile back. Talking to them using coos and baby talk as well as letting them touch and feel the areas around them safely can positively impact your child.

7-12 months- Allow your child to crawl in safe spaces and feel around their environment. Let them feel the grass, carpet or the floor. Show them their faces in a mirror and let them see their reactions.

1-3 years- Let your child play with solid objects like blocks or wooden spoons to develop their grasping ability. Sing songs and nursery rhymes, read to your child, walk with them and let your child play with their peers.

4-6 years- Give your child opportunities to sing, draw and dance, let them read alone, balance between screen-time and outdoor play and promote physical play such as running and skipping.

So what are the types of play you can incorporate?

1. Toys and Object play- Playing with solid objects like bricks or blocks help build motor skills.

2. **Physical play-** Physical fun such as running and jumping help develop children's motor skills, prevent childhood obesity and build emotional intelligence.

3. **Outdoor play-** Outdoor play is particularly important because it lets children use all their senses to build skills like spatial awareness and balance. It can also improve a child's attention span.

4. **Pretend play-** This type of play lets young children experiment with different social roles and learn to cooperate. Dress up, make believe, and imaginary play also encourage creativity.

